



PSALM OF TRUST

BIBLE PASSAGE PSALM 23; 1 SAMUEL 16

Summary: The psalms of trust highlight God's protection and care, and they encourage us to trust in Him. Psalm 23 was written by David. It compares God to a shepherd who guides, comforts and provides for His people. David describes how God protects us even in fearful times. We can have peace because we can trust Him. Jesus, the Good Shepherd, laid down His life for us, offering forgiveness and eternal life through His death and resurrection.

Today's Brite Idea is: God is our Good Shepherd.



MONTHLY *Memory Verse*

The Lord is good to all.
(PSALM 145:9)



BIG QUESTION

How do I know God is good?
Through His love for us.



LEADER TRAINING: ART AND FEELINGS



Sometimes little ones don't have the words to say they're sad, excited or frustrated, but giving them creative outlets can make a big difference. Try setting up an "art station" with coloring supplies and paper where kids can draw what they're feeling. You might say, "Can you draw a picture of what you're feeling today?" This gives kids a safe way to process their emotions. Music is another great tool! Singing songs about emotions, or even playing soft, calming music during transitions, can help kids feel more at ease. You can also encourage movement—such as dancing, clapping or stomping—as a fun way for kids to release big feelings. By giving kids creative ways to express themselves, you're helping them learn that their feelings matter—and that God cares about all of them.

NAVIGATING A BROKEN WORLD: LONELINESS

In 2023, the surgeon general declared our nation was facing an "epidemic of loneliness," citing research showing that more than 20 percent of adults say they are suffering from loneliness.* Our kids are growing up in a very lonely culture. Many preschoolers have older siblings who grew up isolated from others due to the pandemic. Today kids will learn how God wants to dwell with His people. They are never truly alone.

You can help your group be a place where kids do not feel lonely. Be intentional in connecting with kids and helping them connect with one another. Watch for kids who tend to isolate and build relationships with them. Utilize the Belong activities to get to know kids and pay attention to things they share about themselves. Help kids feel known. Most importantly, emphasize that God is always near to them, loving and helping them.

*For more resources on this topic, check out: britecurriculum.com/resources

PRESCHOOL GLOSSARY:

Anoint: to put oil on

Presence: being with someone or something

Lesson ROADMAP

1

BELONG

Small Group (10 MINUTES)

GOAL: For kids to experience God's love through a welcoming community

PASS THE ANIMAL

SUPPLIES: Stuffed animal

2

BIBLE TEACHING

Large Group (15 MINUTES)

PSALM OF TRUST (PSALM 23)

SUPPLIES: Bible, Bible story cards

3

BELIEVE

Small Group (10 MINUTES)

GOAL: For kids to discover who God is by engaging with the Bible

MEMORY VERSE BUBBLE PLAY

SUPPLIES: Memory Verse Song, music player, bubble machine, bubble solution

4

BECOME

Small Group (10 MINUTES)

GOAL: For kids to learn to follow Jesus by applying faith to their lives

SHEPHERD STAFF

SUPPLIES: Take-Home page, coloring supplies, printable page, wax craft sticks



PASS THE ANIMAL

SUPPLIES:

Stuffed animal

PREP:

None

ACTIVITY INTRO:

Welcome everyone! My name is _____. *Greet each kid by name as you welcome them to your group.*

INSTRUCTIONS:

1. *Gather kids to sit in a circle.*
2. **Say:** Let's pass this stuffed animal! But before we begin, let's go around the circle and each share what our favorite animal is.
3. *Go around the circle and help each kid say what their favorite animal is. Ask kids what sound each animal makes to help kids connect with one another.*
4. **Say:** Now we will pass the stuffed animal as we sing a song about how much Jesus loves us.
5. *Begin passing the stuffed animal as you sing "Jesus Loves Me."*
 Jesus loves me, this I know,
 for the Bible tells me so.
 Little ones to Him belong.
 They are weak, but He is strong.
 Yes, Jesus loves me.
 Yes, Jesus loves me.
 Yes, Jesus loves me.
 The Bible tells me so.
6. *Repeat the song and encourage kids to sing along with you.*
7. **Ask:** Who loves you?


ACTIVITY WRAP-UP:

You did a great job passing the stuffed animal and singing! God loves each of you, and He is always good. I'm so glad we're together today to learn more about God's love and goodness.



PSALM OF TRUST

(PSALM 23; 1 SAMUEL 16)

Use the Bible story cards to teach the Bible story or read the script to the kids.

Say: Today's true Bible story comes from Psalm 23 and 1 Samuel 16. The book of Psalms is filled with songs, prayers and poems that help us talk to God. Many of these psalms were written by King David. Do you remember learning about King David? Do you remember when God picked him to be king? *Pretend to put an imaginary crown on your head.*

Say: God told a man named Samuel to find the next king of Israel. God told Samuel the next king was one of Jesse's sons. Samuel met Jesse's oldest son and he thought this son would be chosen.

Say: But God didn't choose Jesse's oldest son to be king. God said, "Do not look at what he looks like or how tall he is. He isn't the one I have chosen. People care about what others look like on the outside, but God looks at the heart." *Point to your heart.*

Say: Samuel looked at seven of Jesse's sons. None of them was the new king! Samuel asked, "Are these all your sons?" Jesse said he had another son, David, his youngest, who was out watching sheep. What sound does a sheep make? Baaa! Jesse brought David to Samuel, and God said, "This is the one. This is the next king."

Say: Many years later, David became king, just like God said. But he started out as a shepherd boy. In Psalm 23, David tells us about how God is the Good Shepherd! How is God like a shepherd? God is like a shepherd because He provides, guides, protects and comforts us!

Say: Let's learn more about Psalm 23 and how we can trust God. The very beginning of the psalm says, "The Lord is my shepherd; I shall not want." God is the perfect Shepherd and He gives us what we need. Shepherds protect their sheep, and God protects us. God is always there for us.

Say: God is a Good Shepherd! We know God will always care for us as a Good Shepherd would care for his flock of sheep. We can trust in God and know His goodness never ends.

Say: In John 10:11, Jesus says, "The Good Shepherd lays down His life for the sheep." Jesus was sent to lay down His life for us. He died on the cross and rose again, providing the only way for us to be forgiven from our sins and live with God forever.



WRAP-UP:



BIG QUESTION

HOW DO I KNOW GOD IS GOOD?
THROUGH HIS LOVE FOR US.



God is a Good
Shepherd.



God is our Good
Shepherd.



God is my Good
Shepherd.



VERSE VIDEO

Play Memory Verse Motion
Video after the verse is read.

MEMORY VERSE MOTIONS:

Help kids recite and retain the memory
verse by teaching it with motions. Before
you teach the verse, be sure to explain
what it means.

- The Lord (place L hand on your shoulder
and carry down to hip)
- is good (thumbs up)
- to all. (point around the room)
- Psalm 145:9 (open hands like opening
a book)



MONTHLY

Memory Verse

The Lord is good to all.
(PSALM 145:9)



* Consider showing
the Bible Review Video
as kids eat snack, are
waiting for pick-up, or
another time that fits
your church's schedule.



MEMORY VERSE BUBBLE PLAY

SUPPLIES:

Memory Verse Song, music player, bubble machine, bubble solution

PREP:

Fill the bubble machine with bubble solution.

ACTIVITY INTRO:

The Bible teaches us true stories about God. Today we learned God is a Good Shepherd! Can you say that with me? "Good Shepherd!"

INSTRUCTIONS:

1. **Say:** Let's listen to our Memory Verse Song as we play and pop the bubbles.
2. *Play the Memory Verse Song and turn on the bubble machine.*
3. *Encourage kids to pop the bubbles as the song plays.*
4. *Play the song again and encourage kids to wiggle as the song plays.*
5. **Ask:** Is God good?

**ACTIVITY WRAP-UP:**

God is good! We can trust that God is good through His love for us.



SHEPHERD STAFF

SUPPLIES:

Take-Home page, coloring supplies, printable page, wax craft sticks

PREP:

Print the printable page and Take-Home page (1 per kid).

LEADER TIP:

Use other craft materials you have on hand to decorate the inside of the shepherd's staff. Materials could be large pom-poms, modeling dough, stickers or cut-out cardstock shapes.

INSTRUCTIONS:

1. **Say:** Today we will decorate a shepherd's staff to remember God is a Good Shepherd. Like a shepherd, God helps and protects us, and He is always with us.
2. *Pass out a printable page, coloring supplies and wax craft sticks.*
3. **Say:** Let's color in our shepherd staff and then press the wax craft sticks inside the shepherd staff.
4. *Write each kid's name on their paper and set aside for parent pickup.*

DISCUSSION QUESTIONS:

- Who is our Good Shepherd?
- Does God care for us?
- Can we trust God to help us?
- Is God good?

PRAY TOGETHER:

Dear God, thank You for being the perfect Shepherd. Thank You for being good. We love You. In Jesus' name, amen.

ACTIVITY WRAP-UP:

Give each kid a Take-Home page. With remaining time, kids can play in centers or color the Take-Home page.

CENTERS:

Set up 3-4 centers around the room for kids to explore and learn as they play. While kids explore the centers, leaders can work with individuals or small groups to make the craft. Set up each center in a separate part of the room, making sure all kids are visible at all times. Show the whole group what is in each center and give simple instructions on what kids should do in each center.

- **Sensory Bin:** Fill a bin with cotton balls and cups. Encourage kids to see how fast they can scoop out the cotton balls. Share how the cotton balls are like the sheep from the Bible story.
- **Modeling Dough:** Provide modeling dough for kids to create a shepherd's staff with.
- **Dramatic Play:** Set out toy animals. Encourage kids to play with the animals, pretend to feed them and care for them.

BONUS SCRIPT:

Preschoolers learn best through repetition. Use the script below to review the story at any opportunity. You could review the story while kids play in centers, while they work on their craft, during snack time or while waiting for parents.

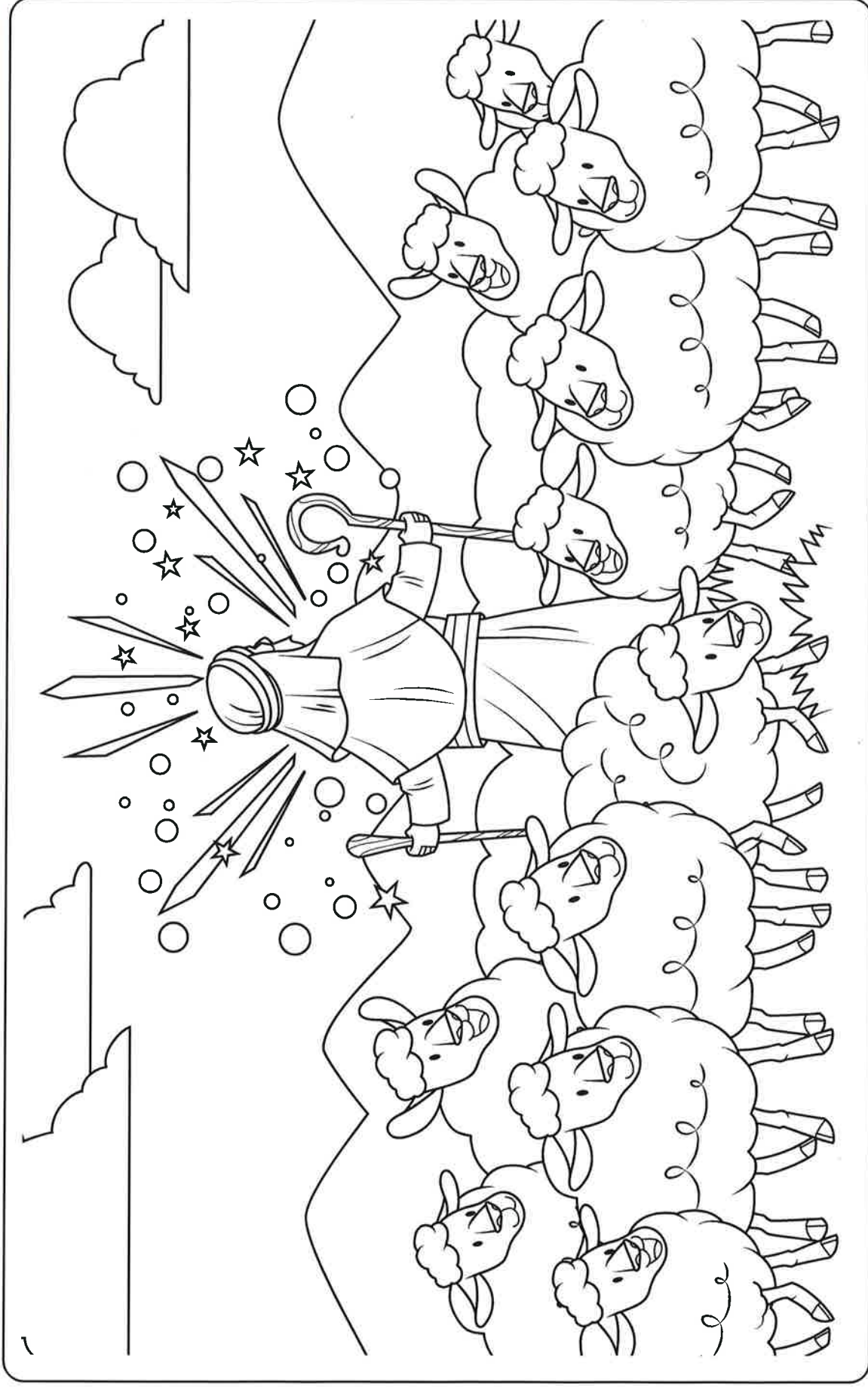
Say: The book of Psalms encourages us to trust in God, and the psalms of trust point to His protection and care. Psalm 23 was written by David. God chose David to be king. But before David was king, he was a shepherd boy. David compares God to a shepherd. A shepherd guides, comforts and provides for those in his care, just like God does for us. We can trust in Jesus, the Good Shepherd, who came to die on the cross so we could be forgiven and live with God forever.

? BIG QUESTION

How do I know God is good?
Through His love for us.

PSALMS OF TRUST

Psalms 23, 1 Samuel 16





**GOD IS
THE GOOD
SHEPHERD**

PSALMS OF TRUST

Psalms 23, 1 Samuel 16

? BIG QUESTION

How do I know God is good? Through His love for us.

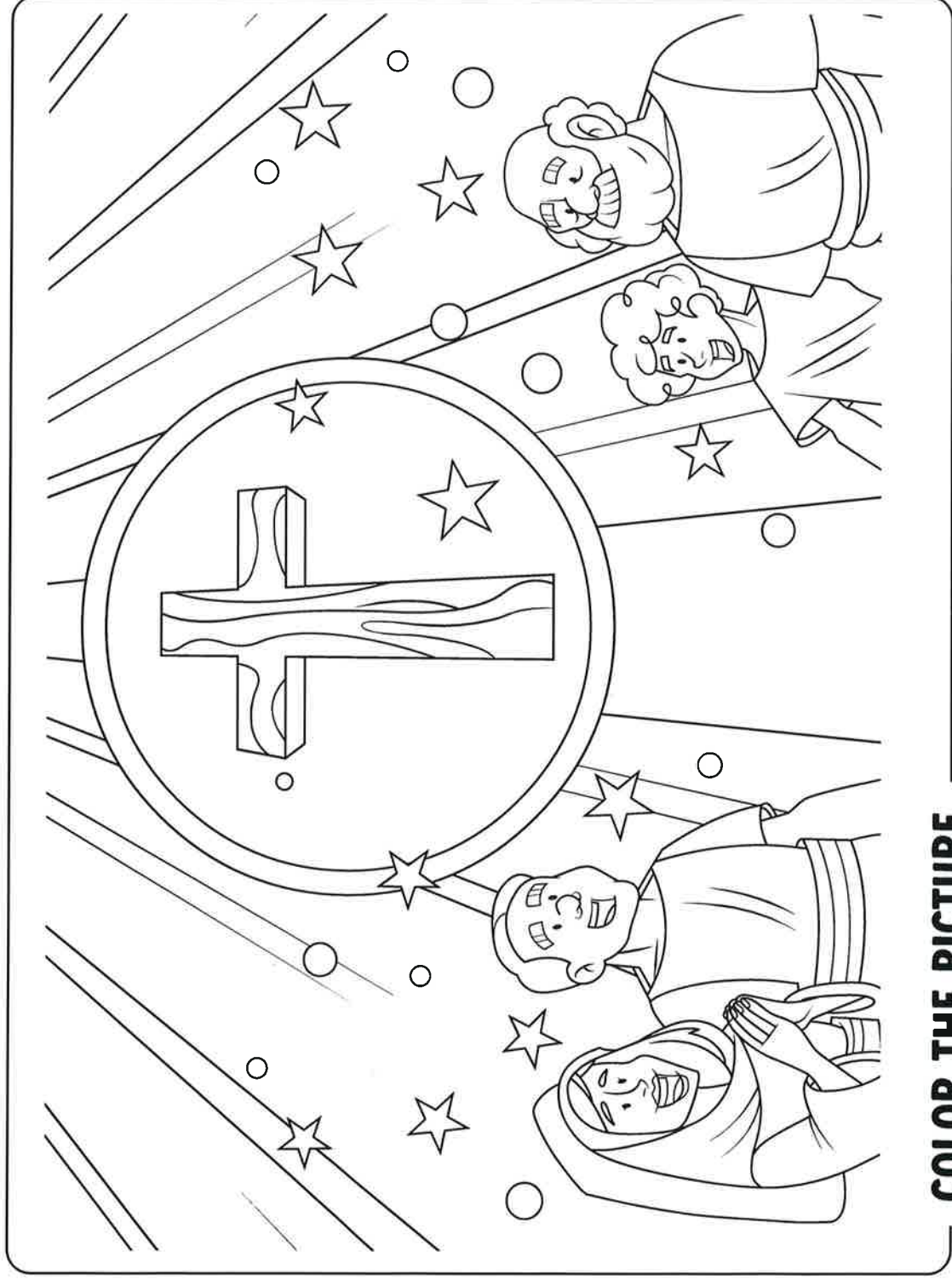


God is our Good Shepherd.



The LORD is good to all.
(Psalm 145:9)

SCAN ME!
FOR AT-HOME
DISCUSSION



COLOR THE PICTURE

brite*

©2026 Awana® Clubs International. This document may be reproduced only by churches registered with Awana.

YOUNGER PRESCHOOL Take-Home Page

