

**BIG QUESTION**

How do I know God is good?
Through His love for us.

**MONTHLY**
Memory Verse

The Lord is good to all.
(PSALM 145:9)

WEEK 1 PSALMS OF WISDOM
PSALM 19; GENESIS 1

Psalms 19 is a wisdom psalm. The Psalms guide us in how God wants us to live. David, the writer of this psalm, shares how God can be seen through nature and His Word. God is the Creator of everything. He made the world and everything in it. When we see God's creation, we can remember how good God is and praise Him.

WEEK 2 PSALMS OF LAMENT
PSALM 22; ESTHER 2-8

Psalms of lament tell us about big feelings and remind us that we can always talk to God. In Psalm 22, David tells God that he is sad and scared, but he remembers that God is good and keeps His promises. In the Bible story of Esther, she feels lots of feelings like happiness, sadness, worry and thankfulness. Both Psalm 22 and Esther show us that no matter how we feel, we can have hope. God helps us and we can always praise Him because He is good and loves us so much.

WEEK 3 PSALMS OF TRUST
PSALM 23; 1 SAMUEL 16

Psalms 23 was written by David. This psalm shows how God is like a Good Shepherd. Before being chosen as king, David was a shepherd boy. He shares how a shepherd guides, comforts, protects and provides just like God does. We can trust in God the Good Shepherd and know that He will always care for us and love us.

WEEK 4 PSALMS OF THANKSGIVING
PSALM 136; JOHN 6:1-15

God's love and goodness will always be there. The Bible is filled with stories showing God's goodness—from creation, to God splitting the Red Sea to save the Israelites, to Jesus providing food for 5,000 people from a little boy's lunch. Psalm 136 reminds us to give thanks to God for His faithfulness for all He has done.

BRITE IDEA:

God is good.

ACTIVITY:

Write "God is good" on sticky notes and hide them around your space. Lead kids in a scavenger hunt to find all the sticky notes. Read the sticky notes aloud as you clap with the kids and celebrate the goodness of God.

BRITE IDEA:

God is good even when we are hurting.

ACTIVITY:

Call out different emotions for kids to make such as a happy face, sad face, angry face, worried face and surprised face, etc. Share how no matter what they may feel, they can always talk to God and know His goodness never changes.

BRITE IDEA:

God is our Good Shepherd.

ACTIVITY:

Provide modeling dough for kids to make a shepherd's staff with. Share how God is our Good Shepherd and cares for each one of them.

BRITE IDEA:

God does good things for His people.

ACTIVITY:

Play kids worship music and provide musical instruments for kids to play along with the songs. Share how we can always be thankful for God's goodness and love.