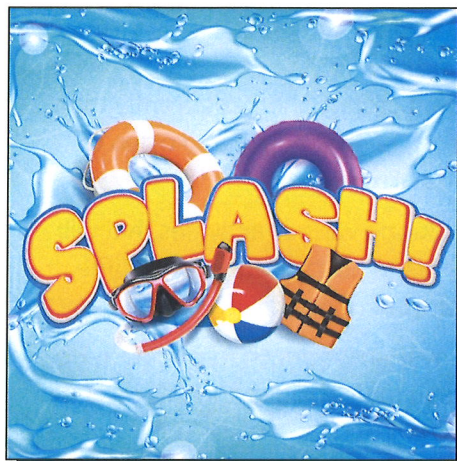




PSALMS OF WISDOM

BIBLE PASSAGE: Psalm 19

FOCUS VERSES: Romans 1:20; 2 Timothy 3:16;
Matthew 4:4; Hebrews 4:12

Summary: Psalm 19 is a wisdom psalm. These psalms guide us in how God wants us to live. David celebrates how God reveals Himself through both nature and His Word. When we consider God's glory and the beauty of His Word, David says we can search our hearts and seek to please Him.



MONTHLY

Memory Verse

*The LORD is good to all, and His mercy is
over all that He has made.*

(PSALM 145:9)

BRITE  *Idea*

God is good.

HE

**HOW DOES GOD MAKE
HIMSELF KNOWN?**

God reveals His goodness
through His amazing creation
and through His Word.

WE

**HOW CAN READING
THE BIBLE HELP US?**

The Bible can show us what
God is teaching us about
Himself and His goodness,
wisdom in how He wants us to
live and what we can
do differently.

ME

**HOW IS GOD INVITING
ME TO RESPOND?**

Kids will be given the
opportunity to reflect on the
truth they learned about God
and respond accordingly.

Leader TRAINING

LEADER TRAINING TOPIC: BE CREATIVE

Kids who are neurodivergent may respond to the environment around them differently than typical kids. They also may be more sensitive to sensory input. Being creative and open to making modifications will enable us to better meet the needs of every kid.

- **Explore options.** Consider how you may give options during various activities that will accommodate various learning styles. At the beginning of the hour or during free time, offer several activity options to engage a variety of developmental abilities.
- **Be flexible.** Kids may participate in a totally different way than leaders had planned. Be flexible, as they may be modifying the activity to better suit their abilities and interests. Be open to changes.
- **Provide visual schedules.** All kids, especially those who are visual learners or have processing differences, benefit from a visual schedule. For kids with limited verbal communication, picture schedules help them anticipate what is coming, which helps them feel more safe and comfortable.

NAVIGATING A BROKEN WORLD: FACT VS. FICTION

Kids begin to recognize the difference between reality and fiction somewhere between three and five years old.* Your kids likely already practice discernment on a daily basis through pretend play, telling jokes and even through all of the information they take in through books and subjects at school. Today as we discuss that God gives us the Bible, allow kids to ask questions that will help them explore the difference between some of the fictitious things they learn and play, and the truth of the Bible. Remind them that the Bible is a way of understanding who God is and the best way we have of getting to know Him. The Bible tells us truths about God and it is unlike any other book. This subject will be brought up in today's lesson.

ELEMENTARY GLOSSARY

Good: worthy of approval, right

Wisdom: understanding a situation and knowing what to do

*For more resources on this topic, check out: britecurriculum.com/resources.

Bible TEACHING

PSALMS OF WISDOM PSALM 19



PRAY: God, You are good and we need Your good wisdom every day. Teach us today to love Your perfect Word and to let Your truth be our guide in life. Amen.

Say: There are a lot of books you can read that can teach you something, but only one has the perfect, 100 percent true and holy wisdom of God—the Bible! Today we will play a game with books while we talk about God’s wisdom from the most important book, the Word of God.

Say: As I tell you about an important psalm, I want you to listen for three words: **declare, trustworthy and Redeemer**. When I say one of those words, the person on your team closest to the books with the correct word on it should grab the book with that title and begin passing it to the rest of the team. The team that can pass it to every team member and then hand it to me in the front wins the round.

Say: If you turn to the middle of the Bible, you will likely open up to the book of Psalms. A psalm is a song, prayer or poem used in worshiping God. Many of the psalms collected in this book were written by King David. There are different types of psalms. Wisdom psalms celebrate God and His wisdom, and they also show us how He wants us to live.

Read Psalm 19:1 directly from the Bible: *The heavens **declare** the glory of God, and the sky above proclaims His handiwork.*

*When you say “**declare**,” both teams should race to pass the book to you. Pause the story while they race.*

Say: The daytime and nighttime skies show us different facts about who God is. They aren’t words you can hear, but they send a message to everything God has created about His goodness.

SUPPLIES:

Bible, teaching slides, butcher paper, 6 old books, permanent marker

PREP:

Cover six older books in butcher paper. Write the word **declare** on the cover of two books, **trustworthy** on the cover of two books and **Redeemer** on the cover of the last two. (See the Bible Teaching Review section for what will be written on the back of each book.) Divide the books into two stacks and place the stacks in the back of the room. Divide the group down the middle into two teams.

LEADER TIP:

Use older books that can be handled roughly. Make sure the books aren’t too heavy for younger kids.



Bible TEACHING CONTINUED

Show teaching illustration: Sunrise

Say: David wrote that the sun makes its entrance every day like a young man who runs a race with joy. The sun rises and sets as it heats the whole world.

Say: David explains that the law of the Lord is perfect—it gives us life! God’s words are true and **trustworthy**.

*When you say “**trustworthy**,” both teams should race to pass the book to you. Pause the story while they race.*

Read Psalm 19:7 directly from the Bible: *The law of the Lord is perfect, reviving the soul; the testimony of the Lord is sure, making wise the simple.*

Say: God’s words make us wise. His commandments are for our good, to help us learn and grow. The Word of the Lord is so pure that it could never age or end. It will endure forever. The rules of the Lord are true, perfect and righteous.

Show teaching illustration: God’s Word

Say: God’s words are more precious than gold, even the best gold. They are sweeter than honey. God’s words give us instructions that keep us from danger. When we keep God’s instructions, we receive rewards that are better than gold. Who could ever know when they are doing something wrong without God’s help?

Say: David ended by praying: “God, please purify me from the bad things I do in secret. Don’t let any of my sins have power over me. Then I will be blameless and innocent. Let everything that I speak and everything that I think or feel in my heart be pleasing to You, O Lord, my rock and **Redeemer**.”

*When you say “**Redeemer**,” both teams should race to pass the book to you.*

Say: Psalm 19 shows us the goodness of God. Nature declares His goodness. He is trustworthy, and He is our redeemer. In His goodness, He shares His wisdom with us.

— (CONTINUED) —>

Bible

TEACHING
CONTINUED

Say: You delivered the books to me so fast! God delivers His wisdom to us through His life-giving and perfect Word. Sure, these books you passed to me might be worth reading, but nothing instructs us, keeps us from danger and helps us learn and grow like God's wisdom. We can praise God for His goodness and the goodness of His Word.

Show teaching slide: Point to Jesus



POINT TO JESUS

Say: God's law truly is perfect, and thankfully, God gave us His law to show us how to live. While the law of the Lord is perfect, unfortunately we are not. All of us have sinned, and because of our sin, our relationship with God is broken. But because God is so good, that's not the end of the story. Since the beginning, God had a plan to send His Son, Jesus. Jesus, who is God Himself, came as a man and lived a perfect life so He could be the perfect sacrifice for us. He died on the cross, rose again, and through His victory over sin and death, we can now have a restored relationship with God and live out the purpose He created us for.

Small Group ROADMAP

1

BELONG (10 MINUTES)

Goal: For kids to experience God's love through a welcoming community

THREE THINGS REVEALED

SUPPLIES: Paper (1 per kid), coloring supplies

OR

GUESS THE CREATION

SUPPLIES: Leaf, flower, rock, apple, cucumber, pine cone, 6 paper bags

2

BELIEVE (10 MINUTES)

Goal: For kids to discover who God is by engaging with the Bible

SING AND DANCE

SUPPLIES: Bibles, teaching slide, musical instruments (1 per kid)

OR

WHAT DOES IT REVEAL?

SUPPLIES: Bible, printable pages, scissors

3



DISCIPLESHIP DISCUSSION (10 MINUTES)

Goal: To engage kids in faith conversations that help them navigate a broken world with biblical wisdom

4

BECOME (10 MINUTES)

Goal: For kids to learn to follow Jesus by applying faith to their lives

ROLL THE DIE: BIBLE EDITION

SUPPLIES: Bible, Take-Home page, coloring supplies, illustrated children's Bible, printable page, die

OR

GOD IS ...

SUPPLIES: Bible, Take-Home page, coloring supplies, craft sticks (1 per kid), permanent marker

5



SMALL GROUP WRAP-UP

(5 MINUTES)

SUPPLIES: Take-Home page, coloring supplies



THREE THINGS REVEALED

SUPPLIES:

Paper (1 per kid), coloring supplies

PREP:

None

LEADER TIP: Share examples of how God has been good in your life!

INSTRUCTIONS:

1. *Welcome each kid by name and welcome any new kids to the group.*
2. **Discuss:** What were the best and worst parts of your week?
3. **Discuss:** This month we are learning that God is good. How have you seen this week that God is good?
4. **Say:** On paper, you will draw three things that represent you or who you are. You could draw a sport that you play, a favorite thing you like to do or a self-portrait. Be creative! Draw anything that reveals something about you.
5. **Say:** Be sure not to put your name on the paper because once everyone is finished, I'll collect the papers and we'll try to guess who each one belongs to.
6. *Pass out supplies. Have kids spread out so no one else can see their paper.*
7. *When all kids are finished, collect the papers and mix them up.*
8. **Say:** Let's see if we can reveal who drew each of these pictures!
9. *Hold up one of the papers and ask the group to guess who the picture represents.*
10. *Repeat the same process for each picture.*
11. **Say:** By studying each picture that was created, we discovered things that helped reveal who the drawer might be.
12. **Discuss:** Can you think of another Creator who is revealed by His creation? What does His creation show us about Him?

ACTIVITY WRAP-UP:

Just like your creation revealed something about you to your friends, God's creation is one way He reveals Himself to us. Today we are learning how God makes Himself known to us and how He is good!



GUESS THE CREATION

SUPPLIES:

Leaf, flower, rock, apple, cucumber, pine cone, 6 paper bags

PREP:

Place each object in its own paper bag.

LEADER TIP: You can add or swap out any items for naturally created things you have on hand.

ADAPTATION FOR DIFFERENT LEARNERS: Kids with sensory sensitivities might not want to touch the object. They can guess from a few clues before the final reveal.

INSTRUCTIONS:

1. *Welcome each kid by name and welcome any new kids to the group.*
2. **Discuss:** What were the best and worst parts of your week?
3. **Discuss:** This month we are learning that God is good. How have you seen this week that God is good?
4. *Gather kids in a seated circle.*
5. **Say:** Let's play a guessing game! I will pass a bag around the group. You will reach inside and try to guess what the object is by simply feeling it, without looking at it. After everyone has had a chance to feel the object, you will yell out your guesses and we will see who is correct.
6. *Take out the first bag and pass it around the circle, allowing each kid a chance to feel the object inside the bag.*
7. *Remind kids not to look in the bag or yell out their answer until everyone has had a turn.*
8. **Say:** On the count of three, yell out what you think the object is!
9. *Continue with new bags until all the objects have been discussed.*
10. **Discuss:** Who made all these objects?
11. **Discuss:** What other things did God make?
12. **Discuss:** What do all God's creations tell us about God?

ACTIVITY WRAP-UP:

The amazing stars in the night sky and the many different animals God made tell us that God is creative and awesome. Today we are learning about the ways God makes Himself known to us!



SING AND DANCE

SUPPLIES:

Bibles, teaching slide, musical instruments (1 per kid)

PREP:

Print or show the Memory Verse teaching slide.

LEADER TIP: If you don't have instruments, put rice and/or beans in a plastic bottle for kids to shake.

ADAPTATION FOR DIFFERENT LEARNERS: Have noise-canceling headphones available for kids who have sensory sensitivities.

INSTRUCTIONS:

1. *Lead kids to find Psalm 145:9 in their Bibles. Read it aloud together.*
2. **Discuss:** What does this verse tell us about God?
3. **Discuss:** What did David say about God in Psalm 19?
4. **Discuss:** In Psalm 19, what two ways does God make Himself known?
5. **Say:** God reveals His goodness through His amazing creation and His Word. Our beautiful world shows us that God is perfectly intelligent and creative. His Word, the Bible, tells us about His character, how much He cares about us and how we can live the right kind of lives.
6. **Say:** David wrote many of the psalms. He played instruments and wrote poems for God. Let's sing, dance and practice our verse!
7. *Pass out an instrument to each kid.*
8. *Give directions for how kids should shake their instruments and move. Change directions each time you say the verse. Examples: Shake the instruments high or low. Walk in a circle while shaking the instruments. Jump and shake them. Shake them in a pattern. Shake them in a circle. Repeat the verse several times.*
9. **Discuss:** How has God been good to you?
10. *After each person shares, have kids shake their instruments and say, "God, You are good!"*

ACTIVITY WRAP-UP:

God wants us to know Him! He makes Himself known to us through His amazing creation and His Word, the Bible.



WHAT DOES IT REVEAL?

SUPPLIES:

Bible, printable pages, scissors

PREP:

Print the printable pages and cut out.

LEADER TIP: If time allows, read Psalm 19 aloud first.

ADAPTATION FOR DIFFERENT LEARNERS: Provide quiet fidgets for kids who require additional movement opportunities.

INSTRUCTIONS:

1. **Discuss:** What did David tell us about God in Psalm 19?
2. **Say:** God is so good and wants us to know Him and His goodness.
3. **Read:** Romans 1:20.
4. **Discuss:** What does this verse tell us about God?
5. **Say:** God reveals Himself through His creation. Let's look at some pictures and think about what they tell us about God.
6. **Take out the pictures and follow the steps below:**
 - **Discuss:** What is this picture? *Pictures include: a butterfly wing, a starry night sky, a human finger print and large ocean waves.*
 - **Discuss:** What does this part of creation tell us about God?
7. **Say:** God makes Himself known through His creation. When we see the beauty of His creation, we see how amazing, powerful and creative God is.
8. **Read:** 2 Timothy 3:16.
9. **Discuss:** Let's be detectives. What does this verse tell us about the Bible?
10. **Say:** The Bible teaches us how we can follow and obey God. It teaches us what God is like. Let's think about a story from the Bible and talk about what it teaches us about God.
11. *Take out the Bible story picture and read the summary on the bottom.*
12. **Discuss:** What does this story teach us about God?

ACTIVITY WRAP-UP:

God reveals His goodness through His amazing creation and through His Word.



Discipleship DISCUSSION

WHAT DOES THIS MEAN FOR FOLLOWERS OF JESUS?

Discuss: How does this story show us God is a promise keeper?

Say: God reveals Himself through His creation. He reveals His love, grace and faithfulness in everything He does and in what He's made. Just as we know He will cause the sun to rise and set every day, we can know He will keep every promise He has made.

BUT WHAT ABOUT ... FACT VS. FICTION?

Discuss: What is the difference between fact and fiction?

Discuss: When you watch videos or television, what makes it hard to determine what is true and what is fiction?

Discuss: What do you think God has to say about that?

Say: Today we discussed how we can learn about God's goodness through His creation and His Word. Sometimes it can be hard to know what to trust when we get so much information from so many different places. We read books, scroll social media and it feels overwhelming. How do we know fact from fiction? If you have a lot of questions like this, that's okay. God wants us to bring our questions to Him. When we explore and ask questions, we find that the Bible is true and God is trustworthy. John 17:17b says, *"Your word is truth."* Sometimes it just takes some time to trust it yourself. That's why we have each other. We can explore and learn God's Word together. By doing this, we can help each other be strong in our relationships with God.



ROLL THE DIE: BIBLE EDITION

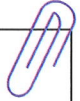
SUPPLIES:

Bible, Take-Home page, coloring supplies, illustrated children's Bible, printable page, die

PREP:

Print the Take-Home page (1 per kid).
Print the printable page.

LEADER TIP: To make the game more fun, use a large inflatable die.

**INSTRUCTIONS:**

1. **Discuss:** What can you learn from Psalm 19?
2. **Say:** Let's play a game to see how the Bible can help us! To play, we will all have a chance to roll this die. Then you will answer a question or we will do an activity depending on the number you roll.
3. *Take out the die and the printable page and choose one kid to go first.*
4. *They will roll the die.*
5. *Read the question or do the activity listed for that number.*
6. *Continue until each kid has had an opportunity to roll the die.*
7. **Discuss:** How can reading the Bible help us?
8. **Say:** The Bible shows us what God is teaching us about Himself and His goodness, wisdom in how He wants us to live and what we can do differently.
9. **Discuss:** How can you learn more about the Bible?

**ACTIVITY WRAP-UP:**

Today we learned God is good. As we learn truths about God, we can respond to Him. We can tell Him our feelings, we can pray or we can decide to do something or change something.

Lead kids to the "Me Question" box on their Take-Home pages and discuss possible responses. Have kids choose a prompt and write/draw their response.



GOD IS ...

SUPPLIES:

Bible, Take-Home page, coloring supplies, craft sticks (1 per kid), permanent marker

PREP:

Print the Take-Home page (1 per kid).

LEADER TIP: If time allows, read Psalm 19 aloud first.

ADAPTATION FOR DIFFERENT LEARNERS: Play quiet, instrumental music in the background to increase focus and create a calmer environment.

INSTRUCTIONS:

1. **Discuss:** In Psalm 19, what do we learn about how God reveals Himself to us?
2. **Discuss:** What can we learn from reading the Bible?
3. **Say:** We learn about who God is and how He wants us to live.
4. **Discuss:** What are some things that we know about God from the Bible?
5. *As kids give you answers, write each response on a craft stick (1 per kid).*
6. **Say:** Let's end our time together by thanking God for who He is.
7. *Give each kid a craft stick. As you distribute the craft sticks, read what is written on them to the kids.*
8. **Say:** Let's take time to quietly pray. While you are praying, thank God for whatever is listed on your stick. You can also talk to God about why the thing on your stick matters.
9. **Say:** For example, if your stick says that God loves us, you could thank God for His love and talk to Him about how you feel knowing you are loved. You might also talk about what you are able to do because of God's love.
10. *Give kids time to pray with quiet hands and mouths. Then close the prayer time, thanking God aloud for who He is and how He reveals Himself to us.*
11. **Discuss:** How can reading the Bible help you?
12. **Say:** The Bible shows us what God is teaching us about Himself and His goodness, wisdom in how He wants us to live and what we can do differently.

ACTIVITY WRAP-UP:

Today we learned God is good. As we learn truths about God, we can respond to Him. We can tell Him our feelings, we can pray or we can decide to do something or change something.

Lead kids to the "Me Question" box on their Take-Home pages and discuss possible responses. Have kids choose a prompt and write/draw their response.



Wrap-Up

CHOOSE YOUR *Challenge*

Say: We want to respond to God and remember what He has taught us today. We also want to use what He's taught us during the coming week. As we become more like Jesus, our lives change!

Read the challenges from the Take-Home page aloud. Ask kids to mark which one they want to choose for this week.

SUPPLIES:

Take-Home page, coloring supplies

PREP:

Print the Take-Home page (1 per kid).



PRAYER

Dear God, thank You for Your creation. Thank You that You are good. Thank You for Your Word that teaches me about You and how to live for You. Amen.



SAY GOODBYE!

Tell kids goodbye and thank them for being a part of your group.

As kids wait to be picked up, encourage them to complete the activities on the back of the Take-Home page. As kids work, ask relationship-building questions, such as, "What are you looking forward to this week?" or "What do you do for fun?"

As parents arrive at pickup, look for opportunities to connect with them, pointing out the Take-Home page their kid is bringing home.

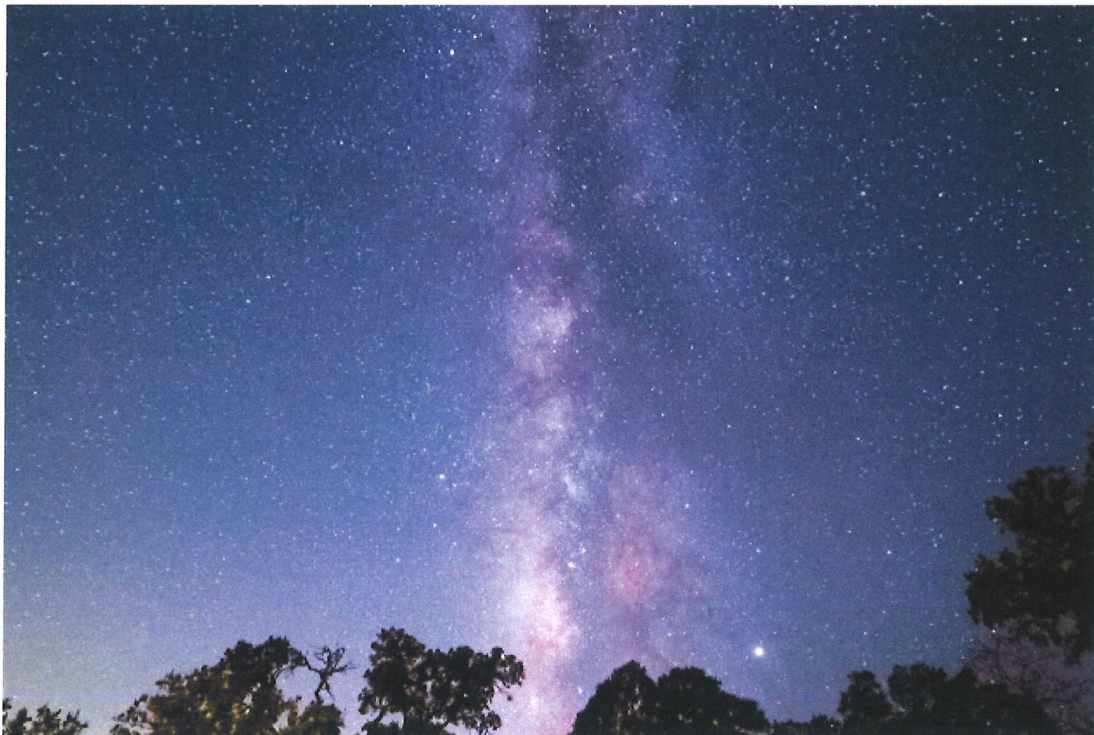


WHAT DOES IT REVEAL?

YOUNGER ELEMENTARY SMALL GROUP
PSALMS OF WISDOM

PAGE 1 OF 3

PREP: Print the printable pages and cut out.





WHAT DOES IT REVEAL?

YOUNGER ELEMENTARY SMALL GROUP
PSALMS OF WISDOM

PAGE 2 OF 3

PREP: Print the printable pages and cut out.





WHAT DOES IT REVEAL?

YOUNGER ELEMENTARY SMALL GROUP
PSALMS OF WISDOM

PAGE 3 OF 3

PREP: Print the printable pages and cut out.



Exodus 16: Manna from Heaven.

After God rescued them from Egypt, the Israelites went through the desert to the Promised Land. Very soon, they ran out of food and began to starve. The people complained to God. God promised to provide them with food. The next day the ground was covered with white grains, each as delicate as frost. This was the bread that God had promised. Moses told them to gather the grain as food, but to take only as much as they needed. The people did so, and discovered that it tasted sweet, like wafers made with honey. The manna rained down from the sky every single day. God fed the Israelites with this bread, which they called 'manna', for forty years.

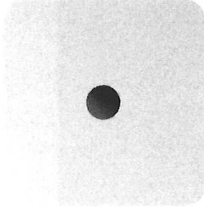


ROLL THE DIE: BIBLE EDITION

YOUNGER ELEMENTARY SMALL GROUP
PSALMS OF WISDOM

PAGE 1 OF 1

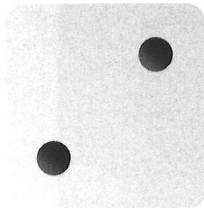
PREP: Print the printable page.



Choose a Bible story to read or look at pictures:

Creation. Crossing the Red Sea. God calls Abraham.

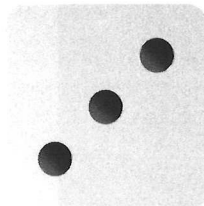
Discuss: What does this story tell us about God?



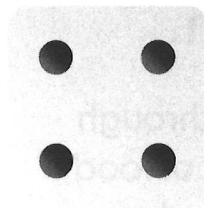
Choose a verse to read: Philippians 4:6-7. Romans 12:2.

Ephesians 4:32.

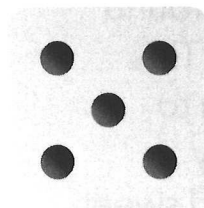
Discuss: What can we learn from this verse?



Discuss: What does the Bible tell us about God?



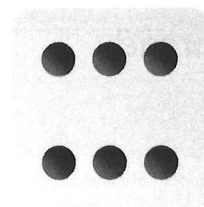
Discuss: What is one way Jesus showed love in the Bible?



Choose a proverb to read: Proverbs 1:8. Proverbs 13:4.

Proverbs 12:19.

Discuss: What does this proverb tell us?



Discuss: What is your favorite Bible story? Why?



TAKE-HOME

YOUNGER ELEMENTARY
PSALMS OF WISDOM

PSALMS OF WISDOM

Psalm 19

BRITE  *Idea*

God is good.



MONTHLY *Memory Verse*

The Lord is good to all, and His mercy is over all
that He has made.

(PSALM 145:9)

HE

**HOW DOES GOD MAKE HIMSELF
KNOWN?**

God reveals His goodness
through His amazing creation and
through His Word.

WE

HOW CAN READING THE BIBLE HELP US?

The Bible can show us what God is
teaching us about Himself and His
goodness, wisdom in how He wants us
to live and what we can do differently.

HOW IS GOD INVITING

ME

TO RESPOND?



DRAW OR WRITE YOUR RESPONSE

CHOOSE YOUR
Challenge

- ☐ Memorize Psalm 145:9 by
making a verse poster.
- ☐ Set a goal to read the Bible this
week.
- ☐ Ask God to reveal Himself to
You through creation and His
Word.

SCAN ME!

FOR AT-HOME DISCIPLESHIP
DISCUSSION



NAVIGATING A BROKEN WORLD

Fact vs. Fiction can be a tough topic for kids. We can help kids view this topic through the lens of Scripture. Learn more about this and how to have a conversation at home here:

Britecurriculum.com/tough-topics



WORD SEARCH

N H F K T H N R H
H P R P N G O D X
N N J S P S L G N
V G D A V I D O J
B I B L E K V O T
L Y B M V T N D F

Find these : Psalm, God, Bible,
Good, David

SOS

- Instructions: With a partner, use different colors to take turns writing either an S or an O in a square.
- If you write "SOS" in order in any direction, draw a line through it with your color.
- The ends when the grid is completely filled.
- Whoever has the most SOS's in their color, WINS!



TAKE-HOME CUSTOMIZABLE

YOUNGER ELEMENTARY
PSALMS OF WISDOM

PSALMS OF WISDOM

Psalms 19

BRITE  *Idea*

God is good.



MONTHLY *Memory Verse*

(PSALM 145:9)

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The Bible can show us what God is teaching us about Himself and His goodness, wisdom in how He wants us to live and what we can do differently.

HOW IS GOD INVITING

ME

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DRAW OR WRITE YOUR RESPONSE

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Challenge

- ☐ Memorize Psalm 145:9 by making a verse poster.
- ☐ Set a goal to read the Bible this week.
- ☐ Ask God to reveal Himself to You through creation and His Word.

SCAN ME!

**FOR AT-HOME DISCIPLESHIP
DISCUSSION**



NAVIGATING A BROKEN WORLD

Fact vs. Fiction can be a tough topic for kids. We can help kids view this topic through the lens of Scripture. Learn more about this and how to have a conversation at home here:

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PSALM 19

PSALMS OF WISDOM

